



Hotel Baía Grande

Albufeira

Baía SPA

Massages, Hot Stones and Bamboo Therapy, Facial Treatments, Body Wraps, Turkish Bath, Indoor Pool, Jacuzzi, Changing Rooms, Relaxation Room and Sauna.

For reservations at our spa, please
contact reception

Reception: Tel. No. 9
SPA: Tel. No. 431

*If you wish to use your mobile phone, please
contact +351 964 642 450



Sea Ritual 140min | 110€

Exfoliation, body wrap and facial mask with sea elements, followed by an essential oil massage.

Algarve Ritual 140min | 100€

Exfoliation and body wrap with local, natural products, followed by an essential oil massage.

Hot Stone Massage 80min | 90€

Ideal for relaxation. Detoxifies, reduces stress and activates the body's vital energy.

Anti-Cellulite Ritual 80min | 85€

Two 40-minute sessions. Reduces the appearance of orange-peel skin through exfoliation and body wrap.

Sports Massage 50min | 75€

Therapeutic massage that relieves muscle tension and prevents injuries.

Body Wrap and Relaxing Massage 60min | 75€

Body wrap accompanied by a relaxing massage with essential oils.

Anti-Stress Massage 50min | 70€

Relaxes body and mind. Releases accumulated tension and stress, easing pain and discomfort.

Relaxation Massage 50min | 70€

Relaxes the mind and creates a sense of well-being for body and soul, promoting tranquility and a better quality of life.

Candle Massage 60min | 70€

Ideal for muscle aches and tension, reduces swelling and improves blood circulation.

Prenatal Massage 30min (localized) | 35€

Prenatal Massage 60min (full body) | 65€

Full-body or localized massage dedicated to mothers-to-be, between 4 and 8 months of pregnancy.

Reflexology 40min | 50€

Therapeutic technique that stimulates the body's nerve signals through different pressure points.

Upper Body Massage 25min | 40€

Massage of the neck, shoulders, back and arms. Ideal for a feeling of relief and well-being.

Local Massage 20min | 35€

Relaxing massage with gentle movements on a specific area of the body.

Children's Massage (ages 4 to 14) 20min | 30€

Helps regulate mood and behavior and supports healthy development and growth.

For more information, please contact Reception. Prices subject to change without prior notice. VAT included at the applicable rate.

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